

Phone/email Contact – If you are unable to make the first call, please ask a family member or friend to contact us and we can then call you.

From the Heart - a quarterly magazine for members which includes stories, poems, announcements, events and remembrance page

Library Books – Books from the Baby Loss NZ lending library can be collected from the support group meetings. We have a range of books for adults and children relating to the death of a baby at any stage as well as subsequent pregnancies and infertility.

Face Book Support – Our Face Book page is a great way to gain support from the comfort of your own home. Pictures, stories, poems and events are all posted on this page and parents often give positive feedback regarding the support they receive from here.

Events – We hold various events throughout the year including balloon releases and memorial services.

#### Contact Us

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(Visits are by appointment)

#### Face Book

Babyloss New Zealand

#### Website

[www.babyloss.co.nz](http://www.babyloss.co.nz)

*We depend upon the generosity of others for financial support. If you wish to make a donation please contact our General Manager, or visit our website for further details.*



*Supporting Families  
In New Zealand*

0800 726-374

## About Baby Loss NZ

To be faced with the knowledge that your baby has died or is terminally ill is one of the hardest things a mother and her family go through.

Baby Loss NZ is a registered charity supporting families who have experienced the death of a baby at any stage of pregnancy and in infancy. We enable grieving parents to recognize their baby as a member of the family offering practical advice and support materials that create the memories that last a life time. We offer bereaved parents the opportunity to share experiences, talk and listen, offering empathy and understanding for their situation through phone support, one on one contact and monthly meetings. We are not counsellors but we are all bereaved parents who volunteer our time to support other parents and their families.

Baby Loss NZ volunteers are available to support parents during their time in hospital or at home following the birth if required. Parents can be supported throughout a pregnancy where the baby is

terminally ill and will not live long after birth by someone who has been in a similar situation. Whether the choice is made to interrupt the pregnancy or continue with it, we are here to help.

### Who can contact us?

Baby Loss NZ volunteers are available to talk with anyone who feels we may be able to help them. We offer support to those dealing with the death of a baby in pregnancy, at birth, as a newborn or in infancy, as well as death due to medical interruption of pregnancy or other forms of reproductive loss. Baby Loss NZ also provide support and training to healthcare professionals who are caring for families at this time.

### What we offer

During your stay in hospital - We are available to assist with memory making and parenting ideas while you and your baby are in hospital. Would you like to talk to someone who has been through a similar experience and understands what you are going through? If so please ring us or ask your bereavement team member to ring us on your behalf and we will arrange this.

Free Tangible Memory Making Service –our team are available to come to the hospital to

provide this service consisting of hand and foot casts which are framed, mounted on a granite base and free standing, photos (placed on CD in colour, b&w and set to music) and inkless hand/footprints.

Care Bags - for parents whose baby dies from

12 weeks gestation up to one year of age. These Care Bags contain various memory making opportunities including items such as a special memories book, candle, and 2 teddy bears (one for mum, one for baby).

Early Loss Packs - For parents whose baby dies less than 12 weeks gestation.

Monthly Meetings – These adult only meetings allow for the expression grief in a safe and caring environment. Parents who share similar experiences can often listen, acknowledge and accept feelings that others may find hard to comprehend. The group meetings offer a non-judgmental space to share stories, concerns and feelings.

Coffee Mornings – These monthly mornings are a great way to get together with other parents for an informal coffee/chat. Children are more than welcome to these mornings.